



**An Roinn Iompair
Turasóireachta agus Spóirt**

Department of Transport,
Tourism and Sport

National Physical Activity Plan Implementation Template

October 2017

Glossary of Acronyms and Abbreviations

Acronym	Definition	Acronym	Definition
AND	Assistant National Director, HSE	GAA	Gaelic Athletic Association
ASF	Active School Flag	GIA	Get Ireland Active
ATT	Active Travel Towns	GIC	Get Ireland Cycling
BOBF	Better Outcomes, Brighter Futures	GIR	Get Ireland Running
CARA	Organisation promoting active and healthy lifestyles for people with disabilities	GIS	Get Ireland Swimming
CarePALS	Physical activity leaders working in a care home setting	GIW	Get Ireland Walking
CPD	Continuing Professional Development	FIS	Federation of Irish Sport
CSDO	Community Sports Development Officers	FMS	Fundamental Movement Skills
CSPPA	Children's Sport Participation and Physical Activity Survey	HEA	Higher Education Authority
CYPP	Children and Young People's Plan	HEI	Higher Education Institution
CYPSC	Children's and Young People's Service Committees	HEPA PAT	Health Enhancing Physical Activity Policy Audit Tool
DAF	Dormant Account Funding	HI	Healthy Ireland
DAFM	Dept. of Agriculture, Food and the Marine	HIQA	Health Information and Quality Authority
DCHG	Dept. of Culture, Heritage and the Gaeltacht	HISS	Healthy Ireland Smart Start
DBEI	Dept. of Business, Enterprise and Innovation	HRB	Health Research Board
DCCAIE	Dept. of Communications, Climate Action and the Environment	HSA	Health and Safety Authority
DCU	Dublin City University	HSE	Health Service Executive
DCYA	Dept. of Children and Youth Affairs	HP&I	Health Promotion and Improvement
DES	Dept. of Education and Skills	ICGP	Irish College of General Practitioners
DEIS	Delivering Equality of Opportunity in Schools, the Action Plan for Educational Inclusion	IHF	Irish Heart Foundation
DH (or DoH)	Dept. of Health	iPARC	Ireland's Physical Activity Research Collaboration
DHPLG	Dept. of Housing, Planning and Local Government	IPI	Irish Planning Institution
DMURS	Design Manual for Urban Roads and Streets	IPPEA	Irish Primary PE Association
DTTS (or DTTAS)	Dept. of Transport, Tourism and Sport	ISCP	Irish Society of Chartered Physiotherapists
EPHEPA	European Collective Partnership on Sport and Health Enhancing Physical Activity	IRFU	Irish Rugby Football Union

JCT	Junior Cycle for Teachers	PA	Physical Activity
LA	Local Authority	PE	Physical Education
LCDC	Local Community Development Committee	PEAI	Physical Education Association of Ireland
LCPE	Leaving Certificate Physical Education	PDST	Professional Development Service for Teachers
LECP	Local Economic and Community Plan	QQI	Quality and Qualifications Ireland
LSP	Local Sports Partnership	RIAI	The Royal Institute of the Architects of Ireland
MECC	Making Every Contact Count	SI	Sport Ireland
MHC	Mental Health Commission	SIDO	Sport Inclusion Disability Officer
MHSU	Mental Health and Substance Abuse Services	SARI	Sport Against Racism Ireland
NCCA	National Council for Curriculum and Assessment	SCPE	Senior Cycle Physical Education
NCN	National Cycle Network	SMT	Senior Management Team
NDA	National Disability Authority	SO	Special Olympics
NPF	National Planning Framework; Ireland 2040, Our Plan	SPHE	Social and Personal Health Education
NTA	National Transport Authority	SSI	Student Sport Ireland
NGB	National Governing Body of Sport (e.g. IRFU, GAA etc.)	STA	Smarter Travel Area
NMBI	Nursing and Midwifery Board of Ireland	ToR	Terms of Reference
NPAP	Get Ireland Active!; the National Physical Activity Plan for Ireland	UL	University of Limerick
ODC	Organisational Development and Change	WHO	World Health Organization
OPAP	Obesity Policy and Action Plan	WHO	WHO Global Action Plan on Physical Activity.
		GAPPA	

Action Area One: Public Awareness, Education and Communication

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NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 1 Develop a three-year communication strategy including the development of print, online and social media resources</p> <p>Lead: DH Partners: All stakeholders</p>	<p>Initial stakeholder consultation held. Drafting of a scoping paper to inform the development of the communications strategy was commenced.</p>	<p>Finalise the scoping paper.</p> <p>Establish communications sub-group and hold first meeting.</p>	<p>Terms of Reference agreed for advisory group and nominations sought.</p>	<p>Communications sub-group to agree on a Communications Strategy and begin implementation of same.</p>
<p>Action 2 Conduct an annual evidence based national physical activity promotion campaign</p> <p>Lead: DH Partners: All stakeholders</p>	<p>Not applicable – Campaign is dependent on progress on Action 1.</p>	<p>Campaign is dependent on progress on Action 1.</p>	<p>Campaign is dependent on progress on Action 1.</p>	<p>Campaign to be conducted based on recommendations of advisory sub-group established under Action 1 above.</p>

Action Area One: Public Awareness, Education and Communication

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<p>Action 3 Develop the Get Ireland Active website (www.getirelandactive.ie) as a 'one-stop shop' for physical activity</p> <p>Lead: DH, HSE Partners: All stakeholders</p>	<p>Refreshed site went live to coincide with NPAP social media campaign live from June to end Dec 2016.</p>	<p>Development plan for site will be informed by: consumer research being undertaken by HSE; and DoH campaign strategy for NPAP.</p> <p>Development of communication strategy and social marketing campaign to promote behaviour change in relation to diet and physical activity informed by consumer research will inform development plan for the site.</p>	<p>Maintenance of site and delivery of small social media campaign. Q2 2017 = 6% increase in traffic to site compared with same period 2016.</p> <p>Social media campaign to promote physical activity maintained, resulting in creation of Facebook Community 60,000 members, Twitter followers 2,440 and Instagram engagements 33,000.</p>	<p>*Pending discussions at Communications sub-group</p>
	<p>Ongoing engagement with DoH in planning for national physical activity campaign to inform the development of GIA as 'one-stop-shop'.</p>	<p>Ongoing engagement with DoH</p>	<p>Ongoing engagement with DoH</p>	<p>*Pending discussions at Communications sub-group</p>
<p>Action 4 Identify and promote existing evidence based best practice policy, programmes, initiatives and infrastructure that are promoting increased levels of physical activity</p> <p>Lead: HSE Partners: All stakeholders</p>	<p>HP&I Training Review Group established, audit of training underway completed. Report submitted to AND HP&I with recommendations for immediate action prior to Phase Two.</p>	<p>Phased Project Plan: Part 2 to develop standards and principles for all HP&I Training.</p> <p>Part 3: Develop tool to assess current and new programmes against agreed standards</p> <p>Part 4: Implementation of Tool to include staff engagement and training as required.</p>	<p>Training Audit currently being analysed. Facilitated session held with the relevant stakeholders to consult on structure of the report and Phase 2, which is on hold until this is complete.</p> <p>Work commenced to develop implementation plan to scale to national delivery the Men-on-the-Move programme.</p> <p>Evaluation of carePALS programme</p>	<p>National roll-out of Men-on-the-Move programme</p> <p>*Pending outcome of Training Audit</p> <p>Funding of €38,000 has been provided by the HI Fund to support Sport Ireland's involvement with the Operation Transformation TV programme, which reaches an audience of 500,000+</p>

Action Area One: Public Awareness, Education and Communication

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 5 Develop a publicly accessible national sports/recreation facilities and amenities directory</p> <p>Lead: HSE Partners: DHPLG, DH, DTTS, LAs, LSPs, NGBs</p>	<p>Facilities database live on www.getirelandactive.ie since February 2016.</p>	<p>Development to facilitate improved sharing of information from database on partner sites.</p>	<p>A bulk upload was scheduled for the Q1 2017.</p> <p>Development of a functionality to enable export of data for use by all partners will be completed by end Q1.</p> <p>Development of a code to embed widgets into other partner websites allowing access to information via their own websites will be piloted by end Q1 and offered to partners during Q2.</p> <p>Testing of Facilities database widget commenced with GIW. 176% increase in traffic to Facilities Database section of site.</p>	<p>Roll-out of Facilities database widget across partner websites.</p>
	<p>Collation of new records for inclusion on database ongoing.</p>	<p>Agree a collaborative process with all stakeholders that facilitates effective collation of data.</p>	<p>Online data form to upload/update records will be developed following testing of widget.</p>	<p>Maintain database content with support from partners</p>

Action Area One: Public Awareness, Education and Communication

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 6 Conduct an annual National Week of Physical Activity and Sport to link in with the European Week of Sport</p> <p>Lead: SI Partners: DH, DES, DTTS, EU Commission, FIS, HSE, LSPs, NGBs</p> <p><i>(Action continued overleaf)</i></p>	<p>European Week of Sport ran from the 10th-18th September and consisted of 480 events with over 50,000 participants.</p> <p>The first National Fitness Day in Ireland was held on the 16th September as part of the European Week of Sport. Over 80 leisure centres and gyms across the country opened up their doors on the day offering classes and fitness tips free of charge. The day was officially launched with a successful Guinness World Record attempt in Smithfield Square on the 15th September. (Largest exercise ball class – 443 participants).</p> <p>The Great Dublin Bike Ride took place on the 11th September and was a Flagship event for the European Week of Sport in Ireland. There were over 5,000 participants on the day.</p> <p>The #BeActive Schools' Campaign ran from the 12th-16th September and was a great success with</p>	<p>European Week of Sport ran from 23-30 Sept, 2017 and included:</p> <p>Great Dublin Bike Ride – Estimated 6,000 participants in this event on 23rd September. This event benefitted from an allocation of €105,000 from the HI Fund</p> <p>#BeActive Schools' Campaign – Run Around Europe Challenge developed in conjunction with Active School Flag. Resources distributed to schools nationwide.</p> <p>National Fitness Day – Over 100 gyms and leisure centres took part in the 29th September event, offering classes and services free of charge. Eight regional flagship events were hosted this year throughout the country. This event benefitted from an allocation of €40,000 from the HI fund.</p> <p>Age + Opportunity – Organising <i>I've always wanted to try</i> events as part of the European Week of Sport.</p> <p>Parkrun promotional days – parkrun events took part in the European Week</p>	<p>Hosted a National Coordinators and Partners Meeting in Dublin at the Sport Ireland National Sports Campus in May 2017. Over 90 attendees from other European countries.</p> <p>Invited and assessed applications for the #BeActive Awards from schools, workplaces and local volunteers.</p> <p>Over 250 events registered and listed on www.sportireland.ie as of the end of August.</p> <p>A number of flagship events lined up to take place including Great Dublin Bike Ride, #BeActive Schools' Campaign, National Fitness Day.</p> <p>Appointed an ambassador to the European Week of Sport in Ireland. Killian Byrne was formerly on Operation Transformation and was one of the most successful leaders in the shows history.</p>	<p>Continue to develop and grow the National Week of Physical Activity and our network of partners involved in the week as resources allow.</p>

<p>Action 6 (continued)</p>	<p>nearly 70 schools taking part in the week and running a week long programme of activities in schools culminating in a Take on the Teachers Challenge.</p> <p>Sport Against Racism Ireland Soccerfest was held in Phoenix Park on the 10th September. This was the 20th anniversary of the event and to coincide with the European Week of Sport many sports bodies facilitated “Come and Try” Sessions on the day.</p> <p>Sport Ireland partnered with parkrun to host parkrun promotional days. Over 11,000 people participated in parkrun events ran over the European Week of Sport.</p>	<p>of Sport and promoted the #BeActive message.</p> <p>SARI Soccerfest – Hosted in Phoenix Park on 23rd September. Numerous NGBs involved, showcasing their sports to make the event a celebration of sport.</p> <p>Family Sports Fest – took place at Sport Ireland National Sports Campus on the 1st October. Estimated 2,000 attendees.</p>		
<p>Action 7 Raise awareness among schools, particularly primary schools, of opportunities to educate through physical activity</p> <p>Lead: DES</p>		<p>Ongoing awareness activities via CPD, Active School Flag Programme and Inspections.</p>	<p>The launch of the Junior Cycle Wellbeing Programme (Jan 2017) for all schools to implement from Q3. This Wellbeing programme, for 300 hours across three years and eventually rising to 400 hours, forms a major component of Junior Cycle for students starting post-primary schooling in September 2017.</p> <p>Inclusion of dance in <i>Creative Ireland</i> programme starts Q3. Formal launch due later in Q3.</p>	<p>Wellbeing in Junior Cycle to increase to 400 hours</p> <p>Ongoing rollout of <i>Creative Ireland</i>.</p>

Action Area Two: Children and Young People

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NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 8 Develop guidance to support schools adopt and implement policies that promote wellbeing of their communities under the Get Active! Framework</p> <p>Lead: DES Partners: DH, LSPs, schools</p>	<p>Guidance in place – Get Active! Physical Education, Physical Activity and Sport for Children and Young People: A Guiding Framework published by The Professional Development Service for Teachers.</p>	<p>Ongoing use of the Get Active! Physical Education, Physical Activity and Sport for Children and Young People: A Guiding Framework published by The Professional Development Service for Teachers.</p>	<p>Wellbeing Guidelines (as at Action 7 above) will be implemented in Junior Cycle from September 2017. The ‘Get Active’ resource is informing the roll out of CPD, as detailed at Action 13 below.</p>	
<p>Action 9 Extend the Active School Flag programme to 500 further schools</p> <p>Lead: DES Partners: DH, FIS, HSE, Ireland Active, LAs, LSPs, NGBs</p>		<p>Target set, to increase uptake of ASF by 500 schools over next 5 years. The Active Schools Flag Programme has recently benefitted from an allocation of €213,000 from the Healthy Ireland Fund</p>	<p>The Programme has enrolled 1010 schools since inception (as of October 2017). A significant number of schools have completed their first 3 year Active School Flag and are currently going through the renewal process (therefore are currently not listed on the website). As of October 2017, 626 schools have a current Active Schools Flag; there are 131,875 students attending these schools.</p>	<p>The CHRODIS PLUS 2017-2020 initiative is a Joint Action of the European Union which supports Member States to reduce the burden of chronic disease.</p> <p>The Active Schools Flag has been chosen by CHRODIS as a showcase programme. Italy, Lithuania and Slovakia have expressed interest in adopting similar initiatives.</p>

Action Area Two: Children and Young People

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<p>Action 10 Evaluate the Be Active After School Initiative</p> <p>Lead: HSE Partners: LSPs, SI</p>	<p>Tender for service provider to carry out evaluation of Be Active Afterschool Initiative undertaken. A service provider (a collaboration between DCU and Mary Immaculate College) has been appointed and the evaluation process is due to commence.</p>	<p>Complete data collection and evaluation of programme.</p>	<p>Evaluation contract awarded to Mary Immaculate College, UL.</p> <p>First draft research report due December 2017.</p>	<p>*Pending outcome of evaluation</p>
	<p>Suite of 3 resources developed for primary schools to support a whole school approach to physical activity.</p> <p>Training workshop to complement PDST Fundamental Movement Skills training developed and included on PDST training calendar for 2016/2017 school year.</p>	<p>Provide workshops to teachers.</p>	<p>67 Teachers participated in HSE/PDST Summer School training.</p> <p>192 Teachers participated in Get Active in the Classroom workshop as part of PDST Fundamental Movement Skills Training in Q1-2 2017</p>	<p>Training targets agreed with DES met.</p>
	<p>HSE Submission made to NCCA consultation process – PA related recommendations focused on highlighting the need to ensure schools meet the minimum DES guidelines on provision of PE.</p>	<p>Work ongoing to ensure physical activity is incorporated into resources developed for the Junior Cycle Wellbeing curriculum.</p>	<p>Redevelopment ongoing of SPHE resource 'Healthy Living, Healthy Times, Healthy Choices' for use in Junior Cycle Health and Wellbeing Curriculum.</p>	<p>Promotion of SPHE resource</p>

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<p>Action 11 Fully implement the Physical Education curriculum for all primary and post-primary pupils to meet Department of Education and Skills guidelines</p> <p>Lead: DES Partners: Schools</p>		<p>Senior cycle specifications in Physical Education, for both non-exam and exam subjects, has been approved by the Minister.</p>	<p>The implementation implications of the new specification and the Framework are currently being worked through by a Steering Group of the Department of Education & Skills and relevant agencies, with a view to confirming a timeline for implementation as soon as possible.</p> <p>The NCCA is currently undertaking an exemplification project in support of SCPE with University of Limerick and a group of physical education teachers. The NCCA is also working on developing assessment guidelines and advice for schools in relation to LCPE.</p>	<p>Introduction of the new specification for Leaving Certificate PE (examinable) and the Framework for Senior Cycle PE (non-examinable) to be progressed in line with Steering Group recommendations. Exact timeframe is due to be finalised shortly.</p>

Action Area Two: Children and Young People

<i>NPAP</i> Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 12 Evaluate the quality of teaching and learning in Physical Education in a sample of primary and post-primary schools annually</p> <p>Lead: DES Partners: Schools, HEA, IPPEA, PEAI</p>		<p>PE will be included in the national programme of subject inspections, curriculum evaluations and whole school evaluations, as appropriate, in 2017.</p>	<p>PE continues to be included in the programme of subject inspections (post-primary) and curriculum evaluations (primary) in 2017. Whole-school evaluations continue to include a focus on PE in a proportion of primary schools and to reference, as appropriate, provision for PE in post-primary schools.</p> <p>Ongoing subject inspections and curriculum evaluations assist in identifying issues associated with the implementation of the PE and SPHE curricula at both primary and post-primary levels.</p> <p>From September 2017, the Inspectorate will implement a range of measures to advance the achievement of Objective 14 of the Department's Action Plan for Education 2017 which relates to Wellbeing.</p>	<p>We anticipate the launch of PE as a Leaving Cert subject, both for examination in the Leaving Cert and as a non-examination subject, as at Action 11 above. More details will follow when available.</p>

Action Area Two: Children and Young People

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 13 Develop and provide a programme of continuing professional development in physical education</p> <p>Lead: DES Partners: PDST, PE Subject Associations, Teacher Professional Networks, HSE, LSPs, NGBs</p> <p>(Action continued overleaf)</p>	<p>Plan has been developed and CPD framework has been agreed.</p> <ul style="list-style-type: none"> • 3 year CPD framework developed and agreed. • Primary pilot for FMS completed in spring 2016 involving 16 schools. • Resources and feedback from pilot formed initial work on FMS schools resource pack. • First draft of FMS resource pack completed December 2016. • Gymnastics workshops – 859 primary teachers attended 58 workshops; 448 post-primary teachers attended 37 workshops • Primary summer course – 198 teachers attended 12 five day courses, this is equivalent to 990 teacher CPD interactions 	<p>Support will continue to roll out to school in Fundamental Movement Skills</p> <ul style="list-style-type: none"> • Final draft of FMS resource pack to be completed February 2017. This will include: <ul style="list-style-type: none"> ○ Teacher manual and three class manuals of FMS Skills and activities ○ Online resources on scoilnet.ie to include videos of best practice and additional activities. • FMS seminars delivered in April/May. Projected figures: 120 seminars with 3000 CPD interactions. • FMS dance workshops: 21 events scheduled at primary and post-primary with 525 teacher CPD interactions projected at both primary and post-primary levels. 	<p>Ongoing support by request (1,545 teachers)</p> <p>FMS resource completed and online resources available on scoilnet.ie</p> <p>FMS summer course 2017 took place in 7 education centres with approximately 140 participants. This equates to 700 teacher CPD interactions.</p> <p>In May/June 2017, 105 one-day seminars took place with 1854 participants. There are approximately 30 more seminars scheduled for term 1 of 2017.</p> <p>20 physical activity workshops delivered in collaboration with HSE in April (HSE designed workshops) with 193 participants.</p> <p>16 dance workshops at primary level took place with 206 participants in attendance. 17 dance workshops also took place at post-primary level with 126 participants.</p>	<p>Continuation of all activities already underway, and provision as related to high level action indicated in Action 11 above.</p>

<p>Action 13 (continued)</p>	<ul style="list-style-type: none"> • 60 PE associates trained in FMS and Gymnastics to supplement the full time team • School support: 2040 school based CPD interactions provided. • PE inputs provided to external agencies: 360 CPD interactions. 		<p>Gymnastics workshops will roll out in November 2017.</p> <p>A workshop based on Fundamental Movement Skills will roll out in December 2017.</p> <p>The JCT (Junior Cycle for Teachers) support service have a comprehensive programme planned to support physical education teachers in their planning for PE with Wellbeing in JC. Teachers will be able to avail of a full day professional learning opportunity in this context.</p>	
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Action Area Two: Children and Young People

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 14 Include physical activity in the development of plans of Children and Young People's Services Committees</p> <p>Lead: DCYA Partners: LAs, HSE, Gardaí, Tusla, Education and Training Boards</p>	<ul style="list-style-type: none"> National roll out of CYPSC was completed in 2016 with 27 CYPSC established. Each CYPSC prepares their 3 year Children and Young People's Plans (CYPP) with priority actions outlined under Outcome 1 of <i>Better Outcomes, Brighter Futures</i>, Active and Healthy, and will include an emphasis on physical activity. 	<ul style="list-style-type: none"> In September 2017, a joint targeted funding scheme between DH and DCYA directed through the 27 CYPSC will support innovative, cross sectoral, evidence based projects, programmes and initiatives that implement key National policies, including: <ul style="list-style-type: none"> <i>The National Physical Activity Plan for Ireland, A Healthy Weight for Ireland Obesity Policy and Tobacco Free Ireland</i>. This funding will support projects and programmes aimed at children, young people and their families, and at communities and vulnerable groups who are at most risk of experiencing health inequalities. €3.8m has been offered by the Healthy Ireland Fund to LCDCs and CYPSCs, with funding of €400,000 provided by DCYA. Applications have been received from every LCDC and CYPSC. 	<ul style="list-style-type: none"> New Planning and Reporting Framework agreed 1 June 2017 will be cognisant of ongoing national policies and priorities and CYPSC will use this Framework to report back to DCYA and Tusla. DCYA will continue to review new CYPPs in 2017 as they are developed. Tusla will also be involved in the review/quality assurance process. 	<ul style="list-style-type: none"> Continuation of the joint funding under Healthy Ireland initiative introduced in September 2017.

Action Area Two: Children and Young People

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 15 Review the National Play and National Recreation Policies and develop a new strategic direction for promoting physically active play</p> <p>Lead: DCYA Partners: DHPLG, DES, DH, DTTS, HSE, LAs, SI</p>	<p>A review of public policy on play and recreation in Ireland commissioned in July 2016. Report submitted in Q4 2016.</p>	<p>The recommendations in the report of a review of public policy on play and recreation in Ireland are being considered.</p>	<p>Consideration given to the recommendations in the report of a review of public policy on play and recreation in Ireland.</p>	<p>Development of policy on Play and Recreation.</p>
<p>Action 16 Include children and young people in the development and implementation of programmes in which they are involved</p> <p>Lead: DCYA, DES Partners: All stakeholders</p> <p>Action continued overleaf</p>	<p>DCYA</p> <ul style="list-style-type: none"> Conducted consultations in partnership with Department of Health to get the views of children and young people on healthy lifestyles, to inform the development of <i>A Healthy Weight for Ireland</i>. Publication and launch of <i>Healthy Lifestyles Have Your Say: A consultation with children and young people</i>. The first Annual Report on Implementation of 	<p>DCYA</p> <ul style="list-style-type: none"> Conduct consultations on Comhairle na nÓg chosen topic, Education. Report to be launched in 2017. Consultations to be held with seldom heard children and young people for the Children's Equality Commission. Second progress report will be published in June 2017. 	<p>DCYA</p> <ul style="list-style-type: none"> Conducted consultations in partnership with Comhairle na nÓg to get the views of young people on Education. Publication and launch of 'So how was School today?' Conducted consultations with seldom heard children on poverty under Children's Equality Commission. Launch of report to be held in Q4 2017. The second annual report on the Implementation of commitments 	<p>DCYA</p> <ul style="list-style-type: none"> Drive implementation of the National Strategy on Children and Young People's Participation in Decision-making 2015-2020 and repeat further reports on the implementation of the commitments in the Strategy. Participation Hubs developed and active in continuing to provide assistance to government departments and state agencies who wish to involve children and young people in the development of

<p>Action 16 (continued)</p>	<p>commitments in the Strategy was published in July 2016. The Report shows a positive picture of how the Strategy is being implemented. Government departments and agencies are actively progressing 93 of the 97 agreed actions for 2015. Government Departments and Agencies have made a strong start with 87% of the agreed actions reaching completion or in progress. The uncompleted actions will be included in the 2016 Action Plan with a series of new actions to be reported on in 2017.</p>	<p>DES Consultations with young people now firmly established as part of the NCCA development work e.g. on background papers relating to Physical Education, on details of specifications as they emerge.</p>	<p>in the Strategy is due to be published in Q4 2017.</p> <p>DES Note, while the Lifeskills survey does indicate that the majority of schools do have Student Councils in place, this figure could give the impression that all is well in providing young people with an authentic consultative experience. Research carried out into the efficacy of Student Councils by others, would suggest that schools do and will need ongoing support in order to ensure that these fora are meeting the aspirations laid out in some of the supporting documentation</p>	<p>policy research, services and legislation relevant to their lives.</p> <ul style="list-style-type: none"> • Comhairle na nÓg 5 year development plan published. • Support for implementation in place.
<p>Action 17 Conduct the Lifeskills Survey every three years</p> <p>Lead: DES Partners: DH</p>		<p>Publication of the Lifeskills survey report for 2015</p>	<p>Lifeskills report published and available at https://www.education.ie/en/Publications/Education-Reports/Lifeskills%20Survey%202015.pdf</p>	<p>A further Lifeskills survey is anticipated in 2018.</p>

Action Area Two: Children and Young People

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 18 Develop National Guidelines on Physical Activity for early childhood (0-5 years)</p> <p>Lead: DH, HSE Partners: DES, HRB, DCYA, academic institutions</p>	<p>Active Play Everyday 0-3 and 4-6 year old resources disseminated via www.healthpromotion.ie.</p>	<p>Maintain availability of Active Play Everyday resources.</p>	<p>Active Play Everyday resources distributed free of charge via www.healthpromotion.ie</p> <p>33,135 – Active Play Every Day 0-3 years</p> <p>25,897 – Active Play Every Day 4-6 years</p>	<p>Availability and distribution of Active Play Every day resources maintained.</p> <p>Key messages integrated into NURTURE Child Health information materials (print and online)</p>
	<p>Delivery of physical activity module as core component of Healthy Ireland Smart Start (HISS) Programme to pre-schools with a total of 15% of total pre-schools participating across the country.</p>	<p>Maintain current commitment to HISS Programme and progress to a further 5% of total pre-schools nationally.</p>	<p>HISS programme target for 2017 is 20% of schools participating by end of 2017. This is reported as a KPI quarterly – on target.</p> <p>Evaluation of SMART Start complete</p>	
<p>Action 19 Include the promotion of physical activity in children, including through play, as an integral component of education and training programmes that lead to qualifications in early childhood care and education</p> <p>Lead: DES Partners: QQI and educational institutions</p>			<p>This is quite an integral part of the Aistear framework now widespread in early years education. The introduction of a second free preschool year (Q3 of 2017) should significantly increase the opportunities for learning and physical activity through play. No further update on education and training programmes has been sourced at this point.</p>	

Action Area Two: Children and Young People

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 20 Develop a framework for health promoting colleges to include physical activity</p> <p>Lead: HSE Partners: HEA, SSI, Third level institutions</p>	<p>*HSE awaiting guidance document from DOH and associated resources to implement.</p>			
<p>Action 21 Promote the assessment of PE by facilitating teachers and students in managing the assessment dimension of senior cycle physical education through the development of an App (for phones/tablets) and to trial the App with a number of schools in 2016</p> <p>Lead: DES Partners: NCCA</p>			<p>A draft working prototype of the app will be available for trialling in early October and NCCA will review the app with a small group of teachers before progressing to the final stages of the app development in Dec/January. Three significant changes are envisaged in senior cycle physical education: the introduction of the Models' based approach to learning, an emphasis on assessment supporting learning in PE and the use of an app to support students' and teachers' engagement in assessment in PE. In this context, planning to professional learning support is necessary.</p>	<p>Final stages of the app development in Dec 2017/January 2018.</p>

Action Area Three: Health

Action Area Three: Health				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 22 Incorporate training on the preventative and treatment role of physical activity as a core component of undergraduate and in-service training for all health professionals</p> <p>Lead: HSE Partners: Third level institutions</p>	<p>Project Lead appointed to develop a core undergraduate curriculum on Chronic Disease Prevention (incorporating preventative and treatment role of physical activity) for all health professionals, and commissioned to work with all Training Institutions/Bodies.</p>	<p>Chronic Disease Prevention module incorporated into training programmes.</p>	<p>Chronic Disease Prevention module developed with all Higher Education Institutes. Delivery commenced in undergraduate programmes.</p>	<p>Chronic Disease Prevention module integrated to all undergraduate health professional curricula and delivered in all Higher Education Institutes.</p>

Action Area Three: Health

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 23 Develop and implement a brief intervention model for delivery of physical activity advice</p> <p>Lead: HSE Partners: DH</p>	<p>Development and implementation of Making Every Contact Count (MECC) Framework.</p>	<p>Training for health professionals in brief interventions for physical activity.</p>	<p>Transition plan carried out with implementation elements being led by AND HP&I and other elements such as HEI are remaining with clinical programmes.</p> <p>Making Every Contact Count Framework launched in May 2017. Implementation commenced.</p>	<p>Making Every Contact Count framework implemented.</p>
	<p>Development of online and blended learning training for Brief Intervention for Physical Activity, Healthy Eating, Tobacco and Alcohol.</p> <p>Tender for service provider complete. Expert knowledge reference groups generating content for inclusion in physical activity component.</p>	<p>Complete development of online and blended learning training.</p> <p>Commence training of health professionals.</p>	<p>Development of blended learning training programme commenced. Due for completion in Q4 2017.</p> <p>Training targets 2018 agreed.</p>	<p>7,000 front line staff complete training per annum</p>
	<p>Development of behaviour change support resources for use as part of MECC.</p> <p>Research to establish consumer preference and use of tools and resources commenced.</p>	<p>Develop and trial innovate tools and resources.</p>	<p>Consumer research completed to inform the development of tools and resources.</p>	

Action Area Three: Health

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 24 Develop local physical activity plans for four pilot areas as part of the National Healthy Cities and Counties Network</p>	<p>4 pilot areas have expressed their interest in development of local physical activity plans.</p> <p>Scoping meeting with areas scheduled for November 2016.</p>	<p>Work with identified LSPs and National Healthy Cities and Counties Network to progress action.</p>	<p>Further discussion required with stakeholders.</p> <p>Guidance provided for implementation of NPAP in context of HI LCDC funding.</p>	<p>Work with Healthy Cities and Counties Network to progress action.</p>
<p>Lead: HSE Partners: Local stakeholders</p>	<p>Meetings and engagement with Sport Ireland Participation section.</p> <p>Set of proposals to strengthen HSE partnership approach prepared for internal discussion and agreement.</p>	<p>Align activity at local and national level to agreed approach.</p>	<p>Work progressing to develop a 3-year strategy to underpin HSE funding of SI-LSP initiative.</p>	<p>Funding strategy implemented and evaluated</p>

Action Area Three: Health

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 25 Develop and implement a pilot programme for the National Exercise Referral Framework</p> <p>Lead: HSE Partners: All stakeholders</p>	<p>Mapping of existing services and activity within health services commenced.</p> <p>Mapping of pathways against MECC and Chronic Disease Self-Mgt Support pathways underway.</p> <p>HSE Working group to define operating model established.</p> <p>Tender for Lifestyle Behaviour Change Patient Management System complete.</p>	<p>Publish operating model for National Exercise Referral Framework.</p> <p>Development and commencement of implementation plan for pilot programme.</p>	<p>Operating model published.</p> <p>Implementation plan for pilot programme developed and commenced.</p> <p>Review of evidence and organisation readiness assessment complete.</p> <p>Decision: Key systemic enablers not in place to move to design phase for an Operating Model. Prioritise effort and resource on implementation of <i>MECC</i> and <i>Self-Mgt Support</i> Frameworks, Behaviour Change Patient Management System.</p>	<p><i>Making Every Contact Count</i> and Self-Mgt Support frameworks implemented.</p> <p>Behaviour Change Patient Management System rolled out nationally.</p>
<p>Action 26 Include questions on physical activity levels in risk factor screening and brief intervention/patient education</p> <p>Lead: HSE Partners: ICGP, ISCP, NMBI</p>	<p>See response to Action 23 as relevant to this action also</p> <p>Pilot study to assess risk factor screening and recording in General Practice underway as part of Making Every Contact Count</p>	<p>Develop and deploy Physical Activity module of Lifestyle Behaviour Change Patient Management System.</p>	<p>Risk Factor recording (including PA) to underpin lifestyle Brief Intervention integrated into Phase 2 roll-out of National Infant and Maternity Information System.</p> <p>Behaviour Change Patient Management System contract awarded. Development commenced.</p>	<p>Risk factor recording to underpin lifestyle Brief Intervention integrated into specification for all new patient management systems.</p>

Action Area Three: Health				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
Action 27 Review HSE physical activity programmes and workforce and implement recommendations Lead: HSE Partners: HSE Staff	HP&I organisational review and workforce planning complete.	Implementation review recommendations in collaboration with relevant stakeholders.	Workshop held with Management Team and staff workshops with local CHO teams commenced. Alignment of HP&I structure and workforce with Health Services operating model in progress.	Implementation of new organisational structure and target operating model
	Audit of current training complete with recommendations for immediate action.	Commence next phase of Training Review to include development of tool for assessment of training underway against agreed criteria to include staff engagement and training as required.	Draft report and recommendations discussed with HP&I SMT. Consultation workshops scheduled for all HP&I staff in October/November. Draft Guidance Document developed on key concepts in health promotion training good practice with a focus on outcome reporting and evaluation of what works	*Pending outcome of audit
Action 28 Develop national guidelines on sedentary behaviour Lead: DH Partners: HRB, HSE	Not applicable – action to be commenced in 2017.	Commence scoping exercise to progress drafting and publication of guidelines (including consideration of options to outsource) in association with key stakeholders.	Action not yet commenced.	Scoping exercise completed and guidelines drafted and published.

Action Area Three: Health

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 29 Develop guidelines, support materials and referral pathways to promote physical activity for organisations providing mental health services and disability services</p> <p>Lead: HSE Partners: DH, MHC, Cara Centre, NDA, SI</p>	<p>‘Increasing engagement with physical activity’ facilitated workshop planned for ‘Healthy Bodies, Healthy Minds’ – Improving physical health and wellness of mental health service users’ Study Day on 1 December.</p>	<p>Develop guidelines for service providers with Mental Health Division.</p>	<p>TCD commissioned to develop guidelines and support materials for staff working with MHSU.</p>	<p>Guidelines disseminated to service providers and staff</p>
	<p>Working in partnership with CARA to scope the current SO programme for wider delivery and conduct a review of Health Promoting Programmes designed for disability sector. Review and recommendations due to be completed by year end.</p>	<p>Development of a Healthy Promoting and Capacity Building programme for people with disabilities based on the scoping report and recommendations from the review.</p>	<p>CARA submitted a proposal for HSE funding for a national PA awareness and education programme for people with disabilities.</p> <p>The review that was conducted in 2016 is complete and will be submitted in February.</p>	<p>Delivery of training programme in conjunction with ‘Me Too’ campaign</p>

Action Area Three: Health

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 30 Develop guidelines to integrate physical activity in to long-term care planning and practice</p> <p>Lead: HSE Partners: DH</p>	<p>CarePALs training and evaluation commenced in residential and day services for older people.</p>	<p>Completion of CarePALs training and evaluation.</p>	<p>Discussions ongoing re: rollout of programme locally. Meeting took place with HP&I staff to discuss the roll out of CarePALs.</p> <p>33 workshops delivered by Feb 2017, training 233 staff. 4 workshops delivered in the interim, with a further 14 planned for Q3/Q4.</p> <p>Draft evaluation submitted to Research Advisory Group for review.</p>	<p>*Pending outcome of evaluation</p>
	<p>Template agreed with Older People and Disability Services to establish baseline of actions currently being undertaken in residential services to meet HIQA standards that relate to physical activity.</p> <p>Data collection commenced.</p>	<p>Completion of baseline assessment. Actions to strengthen activity scoped.</p>	<p>Not progressed.</p>	

Action Area Four: Environment

Action Area Four: Environment				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 31 Develop guidelines and support materials for those working in developing the built environment to promote the importance of physical activity</p> <p>Lead: HSE Partners: All Stakeholders</p> <p>*DH has also begun work on this action*</p>	<p>DH - Action aligned with Action 2.1. in A Healthy Weight for Ireland – the Obesity Policy and Action Plan (published Sept 2016) which commits to development of guidelines and support materials for those working in developing the built environment for urban development and planning in relation to reducing the obesogenic environment.</p>	<p>DH - Establish Working Group to be chaired by DH to progress action.</p>	<p>DH - Draft TOR begun and potential members of working group identified.</p>	<p>DH - Working group established. Guidelines draft and published.</p>

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 32 Develop and promote walking and cycling strategies in each Local Authority area</p> <p>Lead: LAs Partners: DHPLG, GIW, LSPs, SI</p>	<p>Survey conducted to determine how Local Authorities are implementing the action – 25 out of 31 responded.</p> <p>Results show that 23 of the 25 respondents have developed and promoted walking and cycling strategies as follows:</p> <ul style="list-style-type: none"> • 18 as part of their City or County Development Plan • 10 as part of their LECP • 15 as part of a specific walking or cycling strategy • 8 as part of other initiatives such as Active Travel Towns, Smarter Travel, local area plans, a Green Infrastructure Plan and sports partnership plans. 	<p>2 of the Local Authorities who did not have walking and cycling strategies at the time of completion of the survey plan to develop same in 2017 as part of their LECPs.</p>	<p>Progress made on development of 2 outstanding walking/cycling strategies.</p>	<p>Receive updates from remaining Local Authorities on their implementation of this action.</p> <p>Ensure that all walking and cycling strategies are adequately promoted in each Local Authority area.</p>

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 33 Ensure that the planning, development and design of towns, cities and schools promotes cycling and walking with the aim of delivering a network of cycle routes and footpaths</p> <p>Lead: LAs Partners: DHPLG, DES, DTTS, NTA</p>	<p>Survey conducted to determine how Local Authorities are implementing the action – 25 out of 31 responded.</p> <p>Of the 25 who responded, 24 stated that their City and County Development Plan contains policies and objectives to ensure that the planning, development and design of towns, cities and schools promote cycling and walking with the aim of delivering a network of cycle routes and footpaths.</p>	<p>One Local Authority which did not have policies and objectives in place at the time of completion of the survey stated that their County Development Plan will be reviewed in 2017 and this will be included for consideration.</p>	<p>Progress made on review of County Development Plan.</p>	<p>Receive updates from remaining Local Authorities on their implementation of this action.</p> <p>Ensure that the promotion of cycling and walking is a key measure involved in the planning, development and design of towns and cities.</p>

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 34 Ensure that the planning, development and design of towns and cities promotes the development of local and regional parks and recreational spaces that encourage physical activity</p> <p>Lead: LAs Partners: DHPLG</p>	<p>Survey conducted to determine how Local Authorities are implementing the action – 25 out of 31 responded.</p> <p>23 stated that their City or County Development Plan ensures that planning, development and design of towns and cities promotes the development of local and regional parks and recreational spaces that encourage physical activity. One stated that while there was no explicit provision for recreational space in their Plan, it was included in guidance for new development.</p>	<p>One Local Authority which did not have policies and objectives in place at the time of completion of the survey stated that their County Development Plan will be reviewed in 2017 and this will be included for consideration.</p>	<p>Progress made on review of County Development Plan.</p>	<p>Receive updates from remaining Local Authorities on their implementation of this action.</p> <p>Ensure that the development of local and regional parks and recreational spaces is a key measure involved in the planning, development and design of towns and cities.</p>

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 35 Develop a programme of continuous professional development on the role of physical activity for those working in developing the built environment</p> <p>Lead: DHPLG Partners: Planning, architectural & engineering professional organisations</p>	<ul style="list-style-type: none"> • Continuous Professional Development already provided to Planners (<i>and to other professionals</i>) by their professional bodies. (<i>IPI, RIAI, Institute of Engineers etc.</i>) • Public health objectives are already becoming embedded in planning and design. • The DMURs guidance issued already includes physical activity. A Working Group was established which put in significant work on training and CPD events subsequently to promote this manual & its intention. 	<ul style="list-style-type: none"> • DMURS training could be used as a model to promote physical activity and we could write to the various Professional Institutes. <p>However guidance must be provided on exactly what is being sought before involving Institutes or expanding models.</p> <ul style="list-style-type: none"> • We could also consider asking the Health Professionals to address conferences of the IPI and other professional bodies on matters of full public health (not just physical activity), and we could offer advice to the Department of Health Working Group being established to look at the obesogenic environment. 	<ul style="list-style-type: none"> • Guidance awaited 	

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 36 Prioritise the planning and development of walking and cycling and general recreational/physical activity infrastructure</p> <p>Lead: DHPLG Partners: LAs</p>	<ul style="list-style-type: none"> • The consultation process with other Government Departments and stakeholders commenced for the NPF. • A Cross Departmental Steering Group commenced. • Consultations were held with other Departments in relation to policy, outputs and issues. • Progress was made, position papers were received, analysis was commenced, and first draft NPF issues paper was published. • After public consultation NPF reached advanced stage of drafting. 	<ul style="list-style-type: none"> • Draft and launch final NPF policy and document. 	<ul style="list-style-type: none"> • Issues and Choices paper launched. • Public consultation feedback was generally positive towards walking and cycling, as contributors towards better places and improved overall public health. • Ireland 2040, Our Plan; National Planning Framework will set out in a high level spatial plan the connection between quality of place and quality of environment contributes directly to improved activity levels and improved health. • The Draft NPF at an advanced stage of preparation and sets out high level spatial planning objectives for the State. Ireland 2040, Our Plan is a shared vision and ambition for what our country could look like by 2040. 	

Action Area Four: Environment

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 37 Explore opportunities to maximise physical activity and recreation amenities in the natural environment</p> <p>Lead: DTTs Partners: DAFM, DCCA, DHPLG, DCHG, SI</p>	<p>Projects funded under the Smarter Travel Areas and Active Travel Towns funding programme are now substantially completed.</p> <p>The majority of greenway/cycle projects funded under the National Cycle Network (NCN) funding programme 2012 to 2016 and Government Stimulus package are completed.</p>	<p>Completion of remaining works in Active Travel Town and Smarter Travel Areas programmes.</p> <p>Evaluation of the completed projects under the Smarter Travel Areas (STA) and Active Travel Towns (ATT) programmes.</p> <p>Efforts will continue on the resolution of issues affecting the delivery and/or completion of NCN projects in Galway and Kerry and Stimulus projects in Tipperary, Roscommon and Kerry.</p> <p>Delivery of a national Greenway Strategy to inform the future development of greenways.</p>	<p>Works continuing and workplan for remaining works being reviewed.</p> <p>Work is at an advanced stage on the evaluation of completed projects under STA and ATT programmes.</p> <p>Reallocation of NCN funding from projects in Kerry and Galway which were unable to draw down funding to projects in Kildare, Meath, Westmeath and Longford.</p> <p>Public Consultation to inform the development of the national Greenway Strategy undertaken. Bilateral meetings scheduled with key stakeholders to discuss structure of new Strategy with a view to delivery of completed Strategy by end of 2017.</p>	<p>Significant funding secured for development of cycling infrastructure in budget 2018.</p> <p>Decision on future direction of Smarter Travel policy initiatives.</p> <p>Announcement of new funding Smarter Travel programmes.</p> <p>Announcement of greenway funding programmes.</p>

Action Area Five: Workplaces

Action Area Five: Workplaces				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 38 Develop a framework for workplace health and wellbeing including physical activity</p> <p>Lead: DH Partners: HSA, HSE, DBEI</p>	<p>The development of a National Framework for Healthy Workplaces was commenced, overseen by a sub-group co-chaired by the Departments of Health and of Jobs, Enterprise and Innovation.</p>	<p>Continue to develop the framework.</p>	<p>Extensive consultation carried out with stakeholders nationally which will inform the development of the framework.</p>	<p>Continue development, launch and implementation of the framework.</p>
<p>Action 39 Develop a toolkit for employers to provide practical guidance on promoting physical activity at work</p> <p>Lead: HSE Partners: All stakeholders</p>	<p>Worked with DoH on progressing development of framework through HSE Staff Health & Wellbeing Programme.</p>	<p>Undertake Consultation on the Framework</p>	<p>Consultation took place by DoH in Q1 and Q2, supported by HSE</p>	<p>Support implementation of DoH framework within HSE</p>

Action Area Five: Workplaces				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 40 Continue to support the Smarter Travel Workplace and Campus Programmes</p> <p>Lead: DTTS Partners: NTA</p>	<p>Increased number of organisations participating in the programme to 123 resulting in 344,544 people participating.</p>	<p>Continue to increase the number of programme partners.</p> <p>Student and Staff “Marchathon” (March)</p> <p>Spring Forward Cycle Challenge (April)</p> <p>Run Commute Pilot (June)</p> <p>Open up the Step Challenge to non-partner workplaces (September)</p> <p>Work with the Customer Engagement Unit to deliver roadshows in campuses outlining travel options for new students.</p>	<p>Currently 149 active and/or maintenance programme partners.</p> <p>19 campus / 1,500 people took part.</p> <p>27 workplaces / 470 people took part.</p> <p>11 organisations / 73 people took part.</p> <p>70 workplaces have signed up to participate vs 50 in 2016.</p> <p>Scheduled for early September.</p>	<p>Continue to increase the number of participating organisations.</p> <p>Identify partner clusters to encourage increased partner engagement & networking.</p>

Action Area Six: Sport and Physical Activity in the Community

Action Area Six: Sport and Physical Activity in the Community				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 41 Continue to support the Community Sport and Physical Activity Hubs in disadvantaged areas</p> <p>Lead: SI Partners: HSE, Ireland Active, LAs, LSPs, NGBs, schools</p> <p>(Action continued overleaf)</p>	<p>Enhance the capacity of disadvantaged communities to develop Physical Activity opportunities from within.</p> <p>Delivery of training and development courses for local community sports volunteers to increase the sustainability of the Hubs.</p> <p>Development of strong club links from within the community to enhance sense of ownership in the facility.</p> <p>Marketing and promotion of the facility within the community, outlining its potential, objectives and future plans.</p> <p>Broaden the reach of Community Sports and Physical Activity Hubs across Ireland.</p>	<p>Continue to engage with local community leaders and influencers to assess specific need for programmes and potential facilities.</p> <p>Continue to develop the skills and competencies of the local communities to allow for new clubs to be created and new activities to be generated.</p> <p>Continue to connect with existing club structures and enable the sustainable creation of new club features.</p> <p>Broaden the awareness of the hubs to a wider community, outside of the specified disadvantaged areas, aiming to improve integration of communities. Increased local appreciation of the facility, how it can be utilised by community groups, clubs and individuals to enhance Sport and PA opportunities.</p>	<p>Improved access for local people and sports clubs at affordable prices. Hub development was specific to the needs of each community.</p> <p>Linkages between Sport Ireland's Community Coaching programme developed. Has allowed for increased community engagement and leadership from within.</p> <p>Better organised and connected local clubs enhancing local pride and awareness of the availability of opportunities within the resource.</p> <p>Development of strong community links, social promotion, launch events and event hosting.</p> <p>Continued development of the original nine hubs with increased funding opportunities for their progression.</p>	<p>Continue to support original 9 Hubs from 2015, 6 Hubs from 2016. 9 new hubs will be supported in 2017 subject to approval of Dormant Accounts funding.</p>

Action 41 (continued)	Creation of Hub Coordinator positions to oversee local engagement with the facility.	Further development of six new Hubs within new areas; continuing to target specified disadvantaged communities. Decreased reliance on Hub coordinators by the local community by increasing capability and capacity of community members.	Implementation of Hub coordinators; tasked with generating interest, developing sustainable use of the facility and preparing for proposed handover to the local community.	
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Action Area Six: Sport and Physical Activity in the Community				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
Action 42 Include actions that promote increased levels of physical activity in all Local and Economic Community Plans Lead: LCDCs, LAs Partners: HSE, LSPs, community representatives	LECP's completed having regard to NPAP.	Survey Chief Officers of LCDC's to determine if actions to promote physical activity have been included in LECP's	Survey being designed	Ensure that review of and implementation of LECP's include actions that promote increased levels of physical activity.

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 43 Rollout a new Active Communities Walking Programme in all LSP areas and support over 500 new active community walking groups around the country under the Get Ireland Walking initiative</p> <p>Lead: SI Partners: Age & Opportunity, Arthritis Ireland, GAA, HSE, IHF, Ireland Active, LAs, LSPs, Mountaineering Ireland</p> <p><i>(Action continued overleaf)</i></p>	<p>Following a review of the 1st phase of introducing the Get Ireland Walking – Active Community Walking Programme in 2015, the plan for 2016 was to roll out the programme to 26 counties through the Local Sports partnership network in 2016.</p> <p>The Get Ireland Walking – Active Community Walking Programme was run in 24 counties through the Local Sport Partnership network in 2016.</p>	<p>Get Ireland Walking has secured funding under the Dormant Accounts Fund for the development and delivery of two walking programmes, one in association with the Irish Men’s Sheds Association and the other focused on disadvantaged schools. Both of these programmes are being delivered in 2017.</p> <p>A new Get Ireland Walking Strategy has been launched for the period 2017-2020.</p> <p>€100,000 has been provided from the HI Fund for the early implementation of the Strategy.</p>	<p>Work is ongoing with the Men’s Sheds and Schools programmes. GIW will provide over 400 sheds with information on how to get started, how to register their shed and apply for a resource pack/tool kit with links to local supports and services.</p> <p>A pilot project has commenced in four all-girl DEIS Secondary Schools in the Dublin area. Walking groups and routes have now been established in each school and it is hoped to extend the programme to a further 500 schools.</p>	<p>The Get Ireland Walking initiative has been well supported to date but will require increased investment if all actions and targets set in the new strategy are to be achieved.</p> <p>Funding is being sought for different elements of the project from Dormant Accounts and the Healthy Ireland Fund; €100,000 has been provided from the HI Fund.</p> <p>The new Get Ireland Walking strategy sets out strategic objectives for the development and promotion of walking in Ireland across 7 key areas including:</p> <ul style="list-style-type: none"> • Public awareness, education and communications • Children & Young People • Health • Environment • Communities • Partnerships • Research, Monitoring and Evaluation

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 44 Implement and support participation programmes with a focus on disadvantaged communities</p> <p>Lead: DTTS, SI Partners: Community development groups, HSE, LCDCs, LSPs, NGBs, DH</p>	<p>DTTS: Dormant Account Funding of €4.5m secured through DTTAS to support programmes directed towards disadvantaged communities.</p> <p>Programmes funded include:</p> <ul style="list-style-type: none"> ▪ Community Sports and Physical Activity Hubs ▪ Community Coaching ▪ Sports Disability Training Framework ▪ Youth Leadership ▪ North East Inner City Initiative <p>SI: 3 LSPs (Dublin, Limerick and Waterford) were supported to develop and deliver a large-scale mass participation physical activity initiative (Beat the Street) during 2016/17. Funding of €235,000 was distributed to the three LSPs to deliver the programme locally. Funding of €140,000 was also secured from the Department of Health.</p>	<p>DTTS: Dormant Account Funding of €5m secured in 2017 which will be used to continue implementation of existing programmes and to fund proposed new programmes. DTTAS to collaborate with Sport Ireland on funding allocations for specific measures.</p> <p>SI: An evaluation is to be carried out on the Beat the Street programme.</p>	<p>DTTS: 91 projects/programmes have been approved by Sport Ireland and relevant Ministers in the Department of Transport, Tourism and Sport and the Department of Rural and Community Development to receive funding from the first round of DAF 2017.</p> <p>It is envisaged that further projects will be approved for funding by year-end from the remainder of the €5m grant for 2017.</p> <p>SI: The Beat the Street project is currently being rolled out in the 3 LSP areas.</p> <p>DH: HI funding of approx. €3.8m has been offered to LCDCs and CYPSCs to support implementation of key action areas identified in LECPs and national policies, as well as actions through the recently established Healthy Cities and Counties Network.</p>	<p>DTTS: €5m Dormant Account has been secured to fund projects in disadvantaged communities in 2018.</p> <p>Continue to secure Dormant Account Funding for 2019 and 2020 in order to support sports-related measures in disadvantaged communities.</p> <p>Begin to fund successful programmes through core funding rather than Dormant Account Funding.</p> <p>SI: Continued development, expansion and rollout of suitable projects subject to securing funding.</p>

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 45 Develop a physical activity for health culture in Ireland through the development of new Get Ireland Running, Get Ireland Cycling, Get Ireland Swimming Initiatives</p> <p>Lead: SI Partners: Athletics Ireland, Cycling Ireland, DTTS, HSE, Ireland Active, LAs, LSPs, NGBs</p>	<p>Develop the Get Ireland Running Initiative in conjunction with Athletics Ireland.</p> <p>Get Ireland Running received €150,000 under the Dormant Accounts Fund 2016.</p>	<p>Funding secured and 90% released November 2016.</p> <p>12 month roll out of the project planned for 2017.</p>	<p>Programmes currently being rolled out.</p> <p>Sport Ireland due a progress report mid-October 2017.</p>	<p>Continued development, expansion and rollout of project subject to securing funding.</p> <p>Funding was sought for different elements of the projects from Dormant Accounts and the Healthy Ireland fund.</p>
	<p>Develop the Get Ireland Swimming Initiative in conjunction with Swim Ireland.</p> <p>Get Ireland Swimming received €150,000 under the Dormant Accounts Fund 2016.</p>	<p>Funding secured and 90% released November 2016.</p> <p>12 month roll out of the project planned for 2017.</p>	<p>Programmes currently being rolled out.</p> <p>Sport Ireland due a progress report mid-October 2017.</p>	<p>An application for funding under the Dormant Accounts fund for 2017 has been submitted. (GIR & GIS only).</p> <p>Get Ireland Cycling has been allocated €30,000 from the HI fund in 2017.</p>
	<p>Develop the Get Ireland Cycling Initiative in conjunction with Cycling Ireland.</p> <p>Get Ireland Cycling received €100,000 under the Dormant Accounts Fund 2016.</p>	<p>Funding secured and 90% released November 2016.</p> <p>12 month roll out of the project planned for 2017.</p>	<p>Programmes currently being rolled out.</p> <p>Sport Ireland due a progress report mid-October 2017</p>	<p>Get Ireland Swimming has been allocated €150,000 from the HI fund in 2017.</p> <p>A cyclist road safety training programme, Cycle Right, has been developed for school aged children and has been allocated €150,000 from the HI fund in 2017.</p>

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 46 Strengthen and enhance the capacity of the LSPs to further develop locally led plans and more long-term sustainable physical activity programmes</p> <p>Lead: DTTS, SI Partners: FIS, HSE, LAs, LSPs, NGBs</p> <p><i>(Action continued overleaf)</i></p>	<p>DTTS: Approx. €5.5m in current funding was budgeted by SI for allocation to LSPs in 2016 for sports measures. This was supplemented by a further €3.7m from Dormant Account Funding.</p>	<p>DTTS: Continued provision of funding, including Dormant Account Funding to Sport Ireland to continue supporting the LSPs.</p>	<p>DTTS: 91 projects and programmes have been approved by DTTAS/Sport Ireland and the Department of Rural and Community Development to receive funding from the first round of DAF 2017. Of these, 60 will be carried out by LSPs around the country. Sport Ireland has also allocated €5.92m in funding to the Local Sports Partnership Network in 2017.</p>	<p>DTTS: Continue to secure Dormant Account Funding which can be applied for by LSPs. 2018 Dormant Account Funding of €5m has been secured.</p> <p>Increase in current funding for Sport Ireland to increase their core allocation to LSPs.</p> <p>Begin to fund successful programmes through core funding rather than Dormant Account Funding.</p>
	<p>SI: 17 Community Sports Development Officers (CSDOs) funded in June 2016.</p>	<p>The work of the CSDOs is ongoing.</p>	<p>Additional Community Sports Development Officers have been funded in February 2017 bringing the total number of CSDOs around the country to 21.</p>	<p>Enhance the capacity of the LSPs through the funding of LSP-based Community Sports Development Officers.</p> <p>The continuity of these positions is budget dependent.</p>
	<p>A Monitoring and Evaluation Working Group has been set up by the LSP Network and support will be given to this group to guide on this area.</p>	<p>Sport Ireland will be recruiting a new Evaluation Officer to continue the work around evaluation and results based management.</p>	<p>Further support will be given to the LSP Network. 3 Results Based Management training sessions were held in January 2017 for LSPs, NGBs and Sport Ireland staff.</p>	<p>Encourage greater sustainability of programmes and more informed planning by incorporating results-based management principles into LSP work.</p>

Action 46 (continued)	LSP Network received training in October 2016 on Results Based Management and Monitoring and Evaluation.		2017 grant application forms have been issued to LSPs which incorporate a logic model for each programme area in order to encourage LSPs to think about longer term outcomes.	
	Each LSP has a dedicated liaison person in Sport Ireland Participation Unit who is available to provide advice and support when needed. Support is on-going and on an ad-hoc basis.	Participation Unit staff will continue to provide one on one support to individual LSPs as needed. LSP site visits will be scheduled as appropriate. Performance Evaluations will continue to be carried out with LSPs and support will be given to ensure that recommendations are carried out.	2 Performance Evaluations were carried out in 2016 and follow up meetings have taken place in 2017 to support these LSPs.	Ongoing support to be given to individual LSPs via Sport Ireland liaison person.
	2 LSP Network Meetings were held in 2016. Several LSP consultation meetings have also been held with those LSPs involved in particular projects and programmes. A very successful LSP/NGB collaboration day was held in October 2016.	LSP Network Meetings will continue in 2017. Smaller consultation meetings will also continue with LSPs around specific projects or areas of work.	A successful LSP network meeting was held in May 2017.	NGBs and LSPs will be encouraged to collaborate on areas of mutual interest to enhance future and existing projects. The Participation Unit and NGB Unit will work together to identify potential areas for enhancement.
	All LSPs can access the Organisational Development and Change (ODC) Unit supports. 22 of the 29 LSPs have signed up to the ODC Strategy.	The remaining LSPs will be strongly encouraged to sign up to the ODC Strategy in order to access the supports available. The Participation Unit will suggest areas to the ODC Unit in which LSPs request training in.		Ongoing support given to LSP Network through LSP Network Meetings and Sport Ireland Organisation Development and Change Training.

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 47 Continue to support the work of the National Governing Bodies of sport in implementing programmes to promote physical activity</p> <p>Lead: DTTS, SI Partners: FIS, HSE, LAs, LSPs, NGBs</p> <p><i>(Action Continued Overleaf)</i></p> <p>Action 47 (contd.)</p>	<p>DTTS: Provision of funding to NGBs by Sport Ireland – almost €11m budgeted by Sport Ireland for NGB Grants in 2016. Additional funding allocated in 2016 to Youth Field Sports (€7.4m), Women in Sport (€600k) and High Performance Sport (€8.3m).</p> <p>Engagement with NGBs.</p> <p>Launch of Sports Policy Consultation Document to provide NGBs with opportunity to have an input into sport policy and what the priorities of DTTAS and Sport Ireland should be in relation to promotion of physical activity.</p> <p>SI: Open call for funding applications from NGB sector.</p> <p>Evaluation and identification of suitability of projects.</p> <p>The following NGBs received an allocation under the Dormant Accounts Fund 2016: Badminton Ireland €24,000</p>	<p>DTTS: Continued provision of funding to Sport Ireland for allocation to NGBs.</p> <p>Continued engagement with NGBs throughout 2017.</p> <p>Consideration of submissions received from NGBs during Sports Policy Consultation throughout the drafting process.</p> <p>Publication of National Sports Policy.</p> <p>SI: Funding secured and 90% released November 2016.</p> <p>12 month roll out of the project planned for 2017.</p>	<p>DTTS: Some €11m allocated by Sport Ireland to NGBs in 2017. In addition, Women in Sport funding of €600,000 and High Performance funding of €7.2m (non-Olympic year) announced.</p> <p>Ongoing meetings with NGBs both at ministerial and official level.</p> <p>Ongoing consideration of consultation submissions as part of the drafting process of the National Sports Policy.</p> <p>National Sports Policy expected to be published in early 2018.</p> <p>SI: Programmes currently being rolled out.</p> <p>Sport Ireland due a progress report mid-October 2017.</p>	<p>DTTS: Ongoing funding of and engagement with NGBs, particularly in light of physical activity measures included in the National Sports Policy.</p> <p>SI: Continued development, expansion and rollout of suitable projects subject to securing funding.</p> <p>An application for funding under the Dormant Accounts fund for 2017 has been submitted.</p>

	Basketball Ireland	€21,000			
	Gymnastics Ireland	€26,000			
	Hockey Ireland	€35,000			
	Horse Sport Ireland	€40,000			
	IRFU	€38,000			
	Irish Squash	€26,000			
	Rowing Ireland	€17,000			
	Table Tennis Ireland	€28,000			
	Tennis Ireland	€40,000			
	Triathlon Ireland	€30,000			

Action Area Six: Sport and Physical Activity in the Community

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 48 Develop programmes to address transitions and drop out from physical activity and sport</p> <p>Lead: SI Partners: DTTS, FIS, HSE, LAs, LSPs, NGBs</p>	N/A	Open call for Dormant Accounts funding applications from NGB sector in June.	Applications received, evaluated and put forward to Sport Ireland Board for approval in September 2017. Awaiting formal Ministerial approval of projects.	<p>Continued development, expansion and rollout of suitable projects subject to securing funding.</p> <p>An application for funding under the Dormant Accounts Fund for 2017 has been submitted.</p>
<p>Action 49 Extend existing and developing programmes for physical activity for people with disabilities and their families to enhance and deliver a comprehensive health and wellbeing programme</p> <p>Lead: HSE Partners: All stakeholders</p>	Working in partnership with CARA to scope the current SO programme for wider delivery and building on the existing Special Olympics Health Promotion Programme, review conducted of Health Promoting programmes and initiatives designed for people with disabilities, aimed at extending the reach of the current programme to the wider disability sector. Review and recommendations due to be completed by end 2016.	Development of a Health Promoting and Capacity Building Programme for people with disabilities based on the scoping report and recommendations from the review.	<p>CARA submitted a proposal for HSE funding for a national PA awareness and education programme for people with disabilities.</p> <p>The review that was conducted in 2016 is complete and was due to be submitted in February 2017.</p>	<p>See Action 29 also</p> <p>Delivery of training programme in conjunction with 'Me Too' campaign.</p> <p>€54,000 in HI funding has been allocated to provide for a pilot programme in training young people with an intellectual disability as an integral part of Special Olympics. The programme will be known as the Special Olympics Young Athletes Programme.</p>
	<p>Ongoing support of LSPs Support 'Me Too' campaign in partnership with CARA , LSPs and NGBs.</p> <p>Ongoing support of the SIDOs who deliver PA programme for people with disabilities.</p>	Continue to work in partnership with LSPs, SIDOs and CARA to promote the development and delivery of programmes for people with disabilities.	23 of 30 LSPs funded through Section 39 Grand Aid Agreements.	Implementation of 3-year funding strategy for LSP's

Action Area Seven: Research, Monitoring and Evaluation

Action Area Seven: Research, Monitoring and Evaluation				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 50 Establish a systematic, regular and long-term national surveillance system to monitor physical activity levels in each of the target groups, including key performance indicators aligned with Healthy Ireland</p> <p>Lead: DH, DTTS Partners: DoH, HSE, LAs, LSPs, NGBs, SI, Universities</p>	<p>DH - Field work begun on Healthy Ireland 2017 Survey.</p> <p>DTTS - DTTAS funded and supported research programmes conducted by Sport Ireland.</p> <p>Sport Ireland Irish Sport Monitor Annual Report 2015 launched in October 2016.</p>	<p>DH – Scoping document to be commenced.</p> <p>Research advisory group to be established.</p> <p>Healthy Ireland 2017 Survey results to be published.</p> <p>Develop (with Sport Ireland) tender for Children’s Sport Participation and Physical Activity study (CSPPA).</p> <p>DTTS - Continued funding provided to Sport Ireland for research, including towards a new Children’s Sport Participation and Physical Activity Study (CSPPA) and ongoing Irish Sports Monitor research.</p>	<p>DH - Scoping document commenced. Terms of Reference, membership agreed for advisory group; first meeting scheduled for early November.</p> <p>Work ongoing on Healthy Ireland Survey 2017 results with publication expected in October. Work begun on conduct of Wave 4.</p> <p>€70,000 has been provided from the HI Fund to support the CSPPA study.</p> <p>DTTS – CSPPA and Irish Sports Monitor both underway by Sport Ireland.</p>	<p>DH - Wave 4 of HI survey to be published.</p> <p>CSPPA study to be completed and published.</p> <p>Advisory group to agree recommendations and implementation of same commenced.</p> <p>DTTS - Continue to secure necessary funding towards Sport Ireland’s research programmes.</p>

Action Area Seven: Research, Monitoring and Evaluation

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 51 Establish a set of baseline figures on physical activity and sedentary levels for each of the target groups</p> <p>Lead: DH, DTTS Partners: HSE, LAs, LSPs, NGBs, Universities, SI</p>	<p>DH – Not applicable – action commenced in 2017.</p> <p>DTTS - Action not progressed in 2016</p>	<p>DH – Draft scoping paper to identify existing data sources.</p> <p>Future activities to be determined following advisory group and stakeholder consultation including consideration of specific modules in HI Survey.</p> <p>DTTS - Research subgroup (RSG) to be established to progress this action; RSG ToR and membership agreed, first meeting scheduled for early November.</p>	<p>DH – Work commenced on establishing advisory group.</p> <p>DTTS - Terms of Reference of research subgroup circulated to Implementation Group members.</p> <p>First meeting took place on 3 November 2017</p>	<p>DH – Future activities to be determined in line with advisory group findings.</p> <p>DTTS – Research subgroup to progress this action.</p>
<p>Action 52 Establish a research programme to inform policies aimed at improving physical activity levels in each of the target groups</p> <p>Lead: DH, DTTS Partners: HSE, LAs, LSPs, NGBs, Universities, SI</p>	<p>DH – Key partners identified.</p> <p>Research proposal submitted to Health Research Board (HRB).</p> <p>DTTS - Sports Policy Consultation Document launched by Ministers on 17 November 2016. This aimed to gather information, opinion and data from contributing stakeholders in relation to improving levels of participation in sport and physical activity across all target groups.</p>	<p>DH – Specific actions to be developed following advisory group and stakeholder consultation (using model of collaboration in application to HRB).</p> <p>DTTS - Consideration of public submissions, drafting and publication of National Sports Policy based on both current policy and contributions from relevant stakeholders.</p> <p>Engage with Department of Health in relation to a new research programme</p>	<p>DH – Work commenced on establishing advisory group.</p> <p>DTTS - National Sports Policy due to be published in early 2018</p> <p>Research subgroup established, first meeting held on 3 November 2017. Establishment of research programme will fall under the remit of this group.</p>	<p>DH – Future activities to be determined in line with advisory group findings.</p> <p>DTTS - Implement policy measures in National Sports Policy.</p> <p>Research subgroup to determine how to progress this action further..</p>

Action Area Seven: Research, Monitoring and Evaluation

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 53 Develop a national database for sharing examples of quality evidence-based practice and programmes</p> <p>Lead: DH Partners: DTTS, HSE, LAs, LSPs, NGBs, Universities, SI</p>	<p>Not applicable – action commenced in 2017.</p>	<p>Participate in European Collaborative Partnership on Sport and Health Enhancing Physical Activity (EPHEPA) project and complete drafting of World Health Organisation (WHO) HEPA Policy Audit Tool (PAT) for submission to project leads.</p>	<p>Work progressed on drafting of HEPA Policy Audit Tool.</p> <p>Feedback from DH and DTTS has also been submitted to the WHO at their request, with regard to the first draft of their Global Action Plan on Physical Activity (WHO-GAPPA).</p>	<p>Work to continue on development of national database.</p>
<p>Action 54 Develop a standardised evaluation framework for publicly funded programmes designed to increase physical activity levels</p> <p>Lead: DH Partners: DTTS, HSE, LAs, LSPs, NGBs, Universities, SI</p>	<p>Not applicable – action to be commenced.</p>	<p>A number of programmes are already undergoing evaluation by the HSE and Sport Ireland and the results will contribute to the development of the standardised evaluation framework.</p>	<p>DTTAS and DH support given for a grant application for a study conducted by UL entitled “iPARC (Ireland’s Physical Activity Research Collaboration): Bridging the research to action gap to support the implementation of the National Physical Activity Plan”.</p>	

Action Area Seven: Research, Monitoring and Evaluation

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 55 Conduct research in to the economic costs of inactivity in Ireland/benefits of investment in physical activity as a preventative strategy</p> <p>Lead: DH Partners: DTTS, HSE, LAs, LSPs, NGBs, Universities, SI</p>	<p>Not applicable – action to be commenced in 2018.</p>	<p>This action is due for completion in 2020 and work will be commenced in 2018.</p>	<p>This action is due for completion in 2020 and work will be commenced in 2018.</p>	<p>Work to commence on the conduct of research in line with the work of the research advisory group.</p>

Action Area Eight: Implementation through Partnership

Action Area Eight: Implementation through Partnership				
NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 56 Establish a cross-sectoral group to oversee the implementation of the Plan</p> <p>Lead: DH, DTTS Partners: DCYA, DHPLG, DES, FIS, HSE, LAs, SI, academic institutions, all stakeholders</p>	<p>DH - Cross sectoral group (CSG) established and work begun on oversight of implementation.</p> <p>DTTS - Cross-sectoral group established – 2 meetings held in 2016.</p>	<p>DH - CSG to continue overseeing implementation of the plan.</p> <p>DTTS - Continuation of Implementation Group meetings.</p> <p>Establishment of subgroups on Research, Communications and Children & Young People</p> <p>DTTAS to chair subgroup on Children & Young People and attend meetings of the Research subgroup</p>	<p>DH - Regular meetings are scheduled with three held to date.</p> <p>DTTS – 4 Implementation Group meetings held in 2017.</p> <p>2 meetings held of the Children and Young People Subgroup in 2017. Subgroup to meet approximately 6 times per annum.</p> <p>Oral reports to be given to Implementation Group.</p> <p>1st meeting of Research subgroup held on 3 November 2017.</p>	<p>DH - CSG will continue overseeing implementation of the plan.</p> <p>DTTS - Continued meeting of both Implementation Group and Subgroups.</p>
<p>Action 57 Identify existing resources across all sectors that support physical activity</p> <p>Lead: DH, DTTS Partners: All stakeholders</p>	<p>DH – Continue engagement with stakeholders to identify relevant activities.</p> <p>DTTS - Implementation Group established which can identify resources available for implementation of actions under NPAP – 2 meetings held in 2016,</p>	<p>DH – Estimate public expenditure on promoting physical activity using the WHO HEPA (Health Enhancing Physical Activity) Policy Audit Tool.</p> <p>DTTS - Continued engagement through the Implementation Group. Establishment of sub-groups to identify specialist resources that can improve implementation of the NPAP.</p>	<p>DH – Work commenced on HEPA Policy Audit Tool.</p> <p>DTTS - 4 meetings of Implementation Group held in 2017.</p> <p>2 meetings held of the Children and Young People Subgroup in 2017; 1st meeting of Research Subgroup held on 3 November 2017.</p>	<p>DH – Resources expended on physical activity to be identified and information gathered to be used to inform future policy.</p> <p>DTTS - Continued identification of and engagement with existing resources across all sectors to support physical activity.</p>

Action Area Eight: Implementation through Partnership

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 58 Explore new public and private funding and investment mechanisms for organisations promoting physical activity and sport</p> <p>Lead: DH, DTTS Partners: All stakeholders</p>	<p>DH – Initial planning for establishment of Healthy Ireland Fund commenced.</p> <p>DTTS - Launch of Sports Policy Consultation as a means of engaging with relevant stakeholders and gathering information.</p>	<p>DH – Healthy Ireland Fund to be established and to commence providing funding to appropriate programmes.</p> <p>DTTS - Consider information received during consultation period.</p> <p>Ongoing cross-departmental and cross-sectoral engagement with a view to identifying possible funding mechanisms.</p>	<p>DH – Healthy Ireland Fund is now established; key stakeholder organisations have applied and are being awarded funding.</p> <p>€5m was allocated to the HI Fund in 2017.</p> <p>Strand 1: €3.8m has been offered to LCDCs and CYPSCs in support of key actions identified in LECs, national policies and the recently established Healthy Cities and Counties Network. DCYA are providing co-funding of €400,000. Applications have been received from all LCDCs and CYPSCs.</p> <p>Strand 2: €1.35m is being allocated to support national actions via statutory agencies; details of support under the aegis of Sport Ireland for the Special Olympics, Great Dublin Bike Ride, National Fitness Day, Operation Transformation, GIS, GIW, GIC, Cycle Right and CSPPA are detailed above (Actions 6, 47, 50).</p> <p>Support of €213,000 has been</p>	<p>DH – HI Fund will continue to be developed and other public and private options will be explored.</p> <p>An additional €5m for the Healthy Ireland Fund has been announced in Budget 2018, providing welcome additional funding for Healthy Ireland next year.</p> <p>DTTS - Implementation of any new public or private funding mechanisms to increase the amount of funding for sport and physical activity.</p>

			<p>provided to the Active School Flag project (see Action 9).</p> <p>Support of €400,000 has been provided for the <i>Healthy Ireland at Your Library</i> Programme, which will enable development of a new HI initiative to provide local 'go to' supports around health and wellbeing, through the national network of over 300 libraries.</p> <p>DTTS - National Sports Policy due to be published in Autumn 2017 will address the issue of funding for sport and physical activity.</p> <p>Numerous cross-departmental meetings held to discuss the issue of funding for sport and physical activity.</p>	
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Action Area Eight: Implementation through Partnership

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 59 Develop a programme of on-going stakeholder communication and engagement to ensure delivery of the Plan including an annual stakeholder engagement forum</p> <p>Lead: DH, DTTS Partners: All stakeholders</p>	<p>DH – Cross Sectoral Implementation group established.</p> <p>DTTS - Two meetings of the NPAP Implementation Group with all relevant stakeholders represented to ensure adequate cross sectoral communication.</p>	<p>DH – Continued engagement with stakeholders.</p> <p>Work to be begin on the conduct of an annual stakeholder forum.</p> <p>DTTS - Continued Implementation Group meetings.</p> <p>Establishment of subgroups to engage a wider range of stakeholders.</p> <p>Consult with Department of Health in relation to the Annual Stakeholder Engagement forum.</p>	<p>DH – Continued engagement with stakeholders.</p> <p>Work begun on organisation of forum.</p> <p>DTTS - 4 meetings of Implementation Group held in 2017.</p> <p>2 meetings held of the Children and Young People Subgroup in 2017; 1st meeting of the Research and Subgroup held on 3 November 2017.</p> <p>Theme of ‘The Built Environment’ decided for Stakeholder Forum, tentatively scheduled for Q1 2018. Engagement ongoing with relevant Department and other stakeholders in relation to its organisation.</p>	<p>DH – First stakeholder forum to be conducted in 2018 with annual for a conducted in following years.</p> <p>Continued engagement with stakeholders.</p> <p>DTTS - Ongoing meetings of Implementation Group and Subgroups.</p> <p>First Annual Stakeholder Forum held and further forums to take place under different themes over this period.</p>

Action Area Eight: Implementation through Partnership

NPAP Action and Roles	Activity carried out/ completed 2016	Activity Planned 2017	Progress Made to Date 2017	HIGH LEVEL Activity Planned 2018-2020
<p>Action 60 Carry out a review of the targets and actions of this Plan three years following publication</p> <p>Lead: DH, DTTS Partners: All stakeholders</p>	<p>DH – Not applicable as action is not due to be carried out until 2018.</p> <p>DTTS - No action required until 2019</p>	<p>DH – Not applicable as action is not due to be carried out until 2018.</p>	<p>DH – Not applicable as action is not due to be carried out until 2018.</p>	<p>DH – Review to be conducted.</p> <p>DTTS - Carry out review in 2019.</p>

Ends.